



## ALLERGY PLAN

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Description of Allergy: \_\_\_\_\_

Specific Triggers: \_\_\_\_\_

Avoidance Techniques: \_\_\_\_\_

### **Select symptoms that may be experienced when exposed to allergen:**

(may occur right away or much later after contact with the allergen)

- No history of symptoms or unknown
- Mouth: Itching; tingling; swelling of lips; tongue or mouth ("mouth feels funny")
- Skin: Hives; itchy rash; swelling of the face or extremities
- Gut: Nausea; abdominal cramps; vomiting; diarrhea
- Throat: Difficulty swallowing; hoarseness; hacking cough
- Lungs: Shortness of breath; repetitive coughing; wheezing
- Heart: Weak or fast pulse; low blood pressure; fainting; pale; blueness
- Other: \_\_\_\_\_

If needed, please list any additional information regarding symptoms:

\_\_\_\_\_

### **Treatment:**

1. Immediately give \_\_\_\_\_

\_\_\_\_\_

### **2. Call 911**

3. Call parents at these #'s: \_\_\_\_\_

Doctor #: \_\_\_\_\_

Hospital #: \_\_\_\_\_

Can we post your child's name, allergies & medication location in the classroom? \_\_\_yes \_\_\_no  
If no, we will cover the allergy information with another sheet of paper.

**By signing below, the parent/guardian permits staff to administer medications or call 911 even if parent/guardian or doctor cannot be reached.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Date



## MEDICATION FORM

### **Consent for administration of medication during the school day.**

Parents of students requesting that medication be administered during school hours by school staff are required to provide for the school:

1. A statement from the physician.
2. A parental release for the administration of medication.

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Home Address \_\_\_\_\_

### **Physician's order for administration of medication by school staff.**

Medication \_\_\_\_\_

Dosage and time of administration \_\_\_\_\_

Possible side effects \_\_\_\_\_

Purpose or condition for which prescribed \_\_\_\_\_

\_\_\_\_\_  
**Physician's Signature**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Office Address

\_\_\_\_\_  
Physician's Phone #

### **Parental Release for the administration of medication**

I request this medication be given as prescribed and the above information be released to the physician as requested.

I release school staff from any liability concerning the administration of this medication at school.

I understand I must provide this medication in the **original, properly labeled pharmacy container.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Date

